

Healthy Schools Year-End Story Template

Date: June, 2013

School Name: Shuswap Middle School

School District: School District #83

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Tell us about your Healthy Schools Team (i.e. who was on it? How many students? Other teachers? Partners?): 2 key students and about 6 others joined in.

Share Your School Story! Tell us about what happened and how it went!

The 2 key students wanted to do a happiness project to promote emotional well-being. The plan was to have some fun activities at lunch to make people happy. We had some events planned but were unable to execute. Students away on a week-long field trip and there were other spirit (Battle of the Sexes) already planned. We have also discussed planning a happiness day where we would bring in a motivational speaker. The students would also like to have a poster contest about what is happiness.

I believe that this group will continue next year and that we will start the projects earlier in the school year so we are able to complete them.

Reflections (what worked well, what would you do differently next year?)

Next year we will start earlier in the school year. We will set a specific goal and have consistent meetings to facilitate the event.