

Healthy Schools Year-End Story Template

Date: *June 28, 2013*

School Name: *Confederation Park Elementary*

School District: *#41 – Buranby*

Contact Name: *Carlene Montgomery*

Contact Email/Phone Number: Carlene.Montgomery@sd41.bc.ca

Tell us about your Healthy Schools Team (i.e. who was on it? How many students? Other teachers? Partners?): *Myself and our grade seven class (27 students)*

Share Your School Story! Tell us about what happened and how it went!

My students were really excited about the project, which we tried to start in December –January. They chose the areas of healthy eating and healthy relationships to develop their questions and came up with a variety of means to implement their various ideas and to address the areas they felt were lacking at the school.

Unfortunately, our school and class had a number of different events and commitments going on during our second and third terms. These took up the time I would have liked to see go into this project to develop it fully. We therefore had to leave the project after our initial question development and brainstorming until June.

Initially the kids had planned a trip to a farm in South Surrey, but that unfortunately fell through. At the end of the year we celebrated what work we had done with a luncheon feast. The kids developed their own shopping list, incorporating all the different food groups and also the various dietary requirements and preferences of their classmates. We then went shopping at Safeway (within walking distance of our school) and managed to buy the majority of our feast there.

The kids thoroughly enjoyed the process and the feast - which lasted over a couple of days.

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Reflections (what worked well, what would you do differently next year?)

- Loved the templates and resources available in the initial package. I would use these again with this and other projects.
- The time commitment was a struggle, but that was my fault. I should have anticipated that we wouldn't have the time to do this project justice. In the future I would plan it better and ensure I was better aware of other demands on my class's time before committing.