## Walk and Wheel to School!

## **Walking to School Safely**

Walk Responsibly! General rules for walking to school.

- Walk on the inside. The inside edge of the sidewalk, away from the street, reduces your exposure to vehicles.
- Face the traffic. When there is no sidewalk, always face oncoming vehicles so you can see them and they can see you.
- **Be visible.** Wear bright colours in the day and reflective material when it gets darker. Reflectors can be placed on clothing and/or backpacks.
- Parked cars can be hazardous too. Car doors can open and vehicles can pull out into traffic without warning. Always leave enough space between yourself and parked vehicles.
- One ear only. Remove at least one ear piece of any music devices to hear signs of danger.

**Let's Cross!** Specific rules for safe street and railway crossing.

- Stay off the edge. Stop one big step before the edge of the roadway before checking for oncoming traffic.
- Left-right-left-over. Look left-right-left and over your shoulder for turning vehicles before crossing.
- Listen. Approaching vehicles may not be visible.
- Make eye contact. Do not assume that the driver can see you just because you can see them.
- Are they stopped? Check that a vehicle is completely stopped before crossing.
- Stay alert. Keep looking both ways as you cross, especially on multi-lane roads.
- No running. Walk, don't run, across any roads, driveways, or lanes.
- Trains have right of way. They do not slow down at crossings, always use designated railway crossings and make sure the train has completely passed.





