

Oolichan/Eulachon Fishing Lesson



PHE Curricular Competencies: Health and Active Living, Social and Community Health

Audience(s): K-12

Hyperlink: [Out Fishing Video from Vimeo](#); [More Learning with Nathan Videos from Delta School District \(37\)](#)

Description

Nathan “Kaanaax Kuwoox” Wilson is an Indigenous Educator and Cultural Enhancement Facilitator at Delta School District (37). He typically visits schools and classrooms, but while students are temporarily learning from a distance he has created a series of videos instead. This one demonstrates how to fish for and harvest Oolichan/Eulachon.

Objective(s)

This video and narrative teaches students about a traditional form of food gathering. It connects food to culture and tradition. Students may also use this video to reflect on Nathan’s teachings about patience, mother nature, and the importance of giving back to the community.

Curricular Connections

This resource connects with core competencies around Positive Personal & Cultural Identity.

Are there other resources that you love for cultivating the health of students and staff in your school community? Send your suggestions to dashbcreources@gmail.com