

Social Distancing Games



School



Home

PHE Curricular Competencies: Physical Literacy, Health and Active Living, Social and Community Health, Mental Well-being

Audience(s): Grades K - 12

Hyperlink: [Social Distancing Games](#)

Description

As BC schools are reopening at the beginning of June, teachers will be tasked with finding games and activities that comply with the physical distancing guidelines that are in place due to COVID-19. This resource will provide you with fun and safe games you can use to promote safe physical activity.

Objective(s)

This blog post provides a host of ideas for teachers to use to ensure their students are keeping active and achieving their daily physical activity. Each game, modified sport or activity complies with the 2m physical distancing guidelines. Suggestions are made on how to modify games to address different ages or skill level.

Curricular Connections

This resource is connected to Big Ideas from PHE K-12 curriculum books:

- Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments
- Develop and demonstrate safety, fair play & leadership in physical activity

Are there other resources that you love for cultivating the health of students and staff in your school community? Send your suggestions to dashbcresources@gmail.com

Resources mentioned in this document were created by Jo Haslett