

## WITS Home Activity Kit

 Cost Involved  Home

**PHE Curricular Competencies:** Health and Active Living, Social and Community Health, Mental Well-being

**Audience(s):** Grades K-6 & Parents

**Hyperlink:** [Home Activity Kit](#)

### Description

WITS, together with Bateman Foundation and DASH, have created a kit of fun activities for kids learning from home. In this kit you receive the books “I Feel Like a Fox”, where you can find out what type of animal you are. As well as the book “Twig” where you follow Heidi on an adventure to find her voice. The kit also contains WITS Swag, your very own Nature Sketch Booklet and a Nature Scavenger Hunt.

### Objective(s)

Designed with positive messages of kindness and inclusion, the Home Activity Kit includes books and a variety of indoor and outdoor activities that focus on creativity and Social and Emotional Learning.

### Curricular Connections

This resource relates to the following Curricular Competencies:

- Describe physical, emotional, and social changes as students grow older
- Explore and describe how personal identities adapt and change in different settings and situations

*Are there other resources that you love for cultivating the health of students and staff in your school community? Send your suggestions to [dashbcresources@gmail.com](mailto:dashbcresources@gmail.com)*