

Online Storybook Read Aloud & Lesson

Plans  School  Home  Printable Activity & Videos

PHE Curricular Competencies: Healthy and Active Living

Audience(s): K-3 – storybook videos; K-12 – lesson plans

Hyperlink: [BC Agriculture in the Classroom Foundation](#)

Description

BCAITC has provided a way to incorporate food into your home learning! For children in grades K-3 BCAITC has developed online read alouds to their most popular agriculture educational storybooks. You can access the storybook videos on Facebook or Instagram. In addition to this, you can also access downloadable agricultural themed lesson plans for students in grades K-12.

Objective(s)

These resources will help children/youth to build on their food literacy skills. Children/youth will have access to knowledge and hands on skills on various topics including composting, gardening, Canada's Food Guide and exploring personal connections to food.

Curricular Connections

These resources support the following PHE curricular competencies:

K-1: Identify opportunities to make choices that contribute to health and well-being.

2-3: Explore and describe strategies for making healthy eating choices in a variety of settings

4-10: Identify, apply, and reflect on strategies used to pursue personal healthy-living goals

Are there other resources that you love for cultivating the health of students and staff in your school community? Send your suggestions to dashbcresources@gmail.com

Resources mentioned in this document were created by BC Agriculture in the Classroom Foundation