

Cyberbullying



School



Home



Resources

PHE Curricular Competencies: Social and Community Health, Mental Well-being

Audience(s): Grades 5-12

Hyperlink: [Cyberbullying](#)

Description

This site provides resources that help youth, educators, and parents understand cyberbullying, its effects, laws about cyberbullying, and how to respond to and prevent its incidence.

Objective(s)

With increasing time spent on the internet, the incidence of cyberbullying is on the rise among middle and secondary students. Adults can play an important role in understanding the online experiences of youth and helping them understand their rights and responsibilities as digital citizens.

Curricular Connections

This resource is connected to the following Curricular Competencies from the PHE curriculum:

Propose strategies for avoiding and responding to potentially unsafe, abusive, or exploitative situations (6-10)

Propose strategies for developing and maintaining healthy relationships (6-9)

Are there other resources that you love for cultivating the health of students and staff in your school community? Send your suggestions to dashbcresources@gmail.com