

## Virtual Book Club School Home Activity

**PHE Curricular Competencies:** Social and Community Health, Mental Well-being

**Audience(s):** Grades 4-12, Parents, Educators

**Hyperlink:** [Virtual Book Club](#)

### Description

This resource outlines how to create your own virtual book club.

The intention of this resource is to provide a creative way to connect with peers from anywhere.

### Objective(s)

Hosting or joining a virtual book club is a great way to foster love for learning, reading, and sharing.

This activity also acts as a tool to build and support positive social connection.

The virtual nature of this activity supports social connection with respect to COVID-19 physical distancing guidelines.

### Curricular Connections

This resource supports the following PHE Curricular Competencies:  
Grades 4-5: Developing healthy relationships helps us feel connected, supported and valued. Grades 6-7: Learning about similarities and differences in individuals and groups influences community health. Grades 8-9: Healthy relationships can help us lead rewarding and fulfilling lives.

*Are there other resources that you love for cultivating the health of students and staff in your school community? Send your suggestions to [dashbcresources@gmail.com](mailto:dashbcresources@gmail.com)*